



## ADULT STAGE ACTING

The year is divided into **9 Blocks**, each consisting of **5 Weeks**. Every week builds upon the last, creating a comprehensive year of training for the actor.

Block	Start Date	Time	Overview
1	15 January	7pm – 8pm	Improvisation, Ensemble Building, and Safety.
2	19 February	7pm – 8pm	Vocal Projection, Clarity, and Breath
3	26 March	7pm – 8pm	Physical Expressiveness and Body Language.
4	7 May	7pm – 8pm	Mechanics of the Stage
5	18 June	7pm – 8pm	Unlocking the Script
6	28 July	7pm – 8pm	Truth in Action
7	3 September	7pm – 8pm	Building a Role
8	8 October	7pm – 8pm	Musicality of Performance/ Narrative Skills
9	19 November	7pm – 8pm	Rehearsal & Showcase