



ADULT MUSICAL THEATRE

The year is divided into **Blocks**, each consisting of **10 classes**. Every week builds upon the last, creating a comprehensive year of training for the film actor.

Block	Start Date	Time	Overview
2	26 March	8pm - 9pm	<p>Movement C Musicality. The "Bevel" and basic steps. Learning the DNA of MT dance (Jazz Squares, Pivot Turns) and coordinating movement with the musical pulse.</p> <p>The Storyteller's Intent. Objectives and "Actioning." Defining the "I Want," identifying obstacles, and establishing the "Invisible Partner."</p>
3	18 June	8pm - 9pm	<p>Character Construction. The Backstory. Mapping the "24-hour timeline" before the song starts and using props (hats, bags) as physical anchors.</p> <p>Vocal Dynamics C Tone Colour. Painting with sound. Exploring "Bright vs. Dark" tones, vocal safety at high volumes, and singing the same phrase with different intents (secret, joke, threat).</p>

4	3 September	8pm - 9pm	<p>The Triple Threat. Weaving singing, acting, and movement into a single fluid expression. Mastering breath management while active.</p> <p>Psychology C Technical Tips. Genre selection and the "Inner Critic." Developing microphone technique, managing performance anxiety, and focusing energy for a large room.</p>
5	19 November	8pm - 9pm	<p>Showcase Execution. The Performance. Mastering the "Professional Slate", and the final celebratory performance.</p>